

Sunday Personal Confessions

Jesus is Lord over my spirit, my soul, and my body (Phil. 2:9-11).

Jesus has been made unto me wisdom, righteousness, sanctification, and redemption. I can do all things through Christ Who strengthens me (1 Cor. 1:30; Phil. 4:13).

The Lord is my Shepherd. I do not want. My God supplies all my need according to His riches in glory in Christ Jesus (Ps. 23:1; Phil. 4:19).

I do not fret or have anxiety about anything. I do not have a care (Phil. 4:6; 1 Pet. 5:6,7).

I am the Body of Christ. I am redeemed from the curse, because Jesus bore my sicknesses and carried my diseases in His own body. By His stripes I am healed. I forbid any sickness or disease to operate in my body. Every organ, every tissue of my body functions in the perfection in which God created it to function. I honor God and bring glory to Him in my body (Gal. 3:13; Matt. 8:17; 1 Pet. 2:24; 1 Cor. 6:20).

I have the mind of Christ and hold the thoughts, feelings, and purposes of His heart (1 Cor. 2:16).

I am a believer and not a doubter. I hold fast to my confession of faith. I decide to walk by faith and practice faith. My faith comes by hearing, and hearing by the Word of God. Jesus is the Author and the Developer of my faith (Heb. 4:14; Heb. 11:6; Rom. 10:17; Heb. 12:2).

The love of God has been shed abroad in my heart by the Holy Spirit, and His love abides in me richly. I keep myself in the Kingdom of light, in love, in the Word; and the wicked one touches me not (Rom. 5:5; 1 John 4:16; 1 John 5:18).

I tread upon serpents and scorpions and over all the power of the enemy. I take my shield of faith and quench his every fiery dart. Greater is He that is in me than he that is in the world (Ps. 91:13; Eph. 6:16; 1 John 4:4).

I am delivered from this present evil world. I am seated with Christ in heavenly places. I reside in the Kingdom of God's dear Son. The law of the Spirit of life in Christ Jesus has made me free from the law of sin and death (Gal. 1:4; Eph. 2:6; Col. 1:13; Rom. 8:2).

I fear not, for God has given me a spirit of power, of love, and of a sound mind. God is on my side (2 Tim. 1:7; Rom. 8:31).

I hear the voice of the Good Shepherd. I hear my Father's voice, and the voice of a stranger I will not follow. I roll my works upon the Lord. I commit and trust them wholly to Him. He will cause my thoughts to become agreeable to His will, and so shall my plans be established and succeed (John 10:27; Prov. 16:3).

I am a world overcomer because I am born of God. I represent the Father and Jesus well. I am a useful member in the Body of Christ. I am His workmanship recreated in Christ Jesus. My Father God is all the while effectually at work in me both to will and do His good pleasure (1 John 5:4,5; Eph. 2:10; Phil. 2:13)

I let the Word dwell in me richly. He Who began a good work in me will continue until the day of Christ (Col. 3:16; Phil. 1:6).

Monday

To Be God-Inside Minded

I am a spirit learning to live in a natural world. I have a soul, and I live in a physical body. I am in the world, but I am not of the world. God of peace, I ask You to sanctify me in every way, and may my whole spirit and soul and body be kept blameless until that day when our Lord Jesus Christ comes again. Father, You called me, and You are completely dependable. You said it, and You will do this. Thank You for the Spirit Who guides me into all truth through my regenerated human spirit.

Lord, Your searchlight penetrates my human spirit, exposing every hidden motive. You actually gave me Your Spirit (not the world's spirit) so I can know the wonderful things You have given us. I am a child of God, born of the Spirit of God, filled with the Spirit of God, and led by the Spirit of God. I listen to my heart as I look to the Spirit inside me.

Thank You, Holy Spirit, for directing me and illuminating my mind. You lead me in the way I should go in all the affairs of life. You lead me by an inward witness. The eyes of my understanding are being enlightened. Wisdom is in my inward parts. God's love is perfected in me. I have an unction from the Holy One.

Father, I am becoming spirit-conscious. I listen to the voice of my spirit and obey what my spirit tells me. My spirit is controlled by the Holy Spirit and dominates me, for I walk not after the flesh, but after the spirit. I examine my leading in the light of the Word.

I trust in You, Lord, with all of my heart and lean not to my own understanding. In all of my ways I acknowledge You, and You direct my paths. I walk in the light of the Word. Holy Spirit, You are my Counselor, teaching me to educate, train, and develop my human spirit. The Word of God shall not depart out of my mouth. I meditate therein day and night. Therefore, I shall make my way prosperous, and I will have good success in life. I am a doer of the Word and put Your Word first.

Scripture References

1 Thessalonians 5:23,24; 1 John 4:12; John 16:13; 1 John 2:20; Proverbs 20:27 NLT; Romans 8:1; 1 Corinthians 2:12 NLT; Proverbs 3:5,6; Romans 8:14,16; Psalm 119:105; John 3:6,7; John 14:26; Ephesians 5:18; Joshua 1:8; Isaiah 48:17; James 1:22; Ephesians 1:18

Tuesday

To Put On the Armor of God

In the name of Jesus, I put on the whole armor of God, that I may be able to stand against the wiles of the devil; for I wrestle not against flesh "and blood, but against principalities, powers, the rulers of the darkness of this world, and spiritual wickedness in high places.

Therefore, I take unto myself the whole armor of God, that I may be able to withstand in the evil day, and having done all, to stand. I stand, therefore, having my loins girt about with truth. Your Word, Lord, which is truth, contains all the weapons of my warfare, which are not carnal, but mighty through God to the pulling down of strongholds.

I have on the breastplate of righteousness, which is faith and love. My feet are shod with the preparation of the Gospel of peace. In Christ Jesus I have peace and pursue peace with all men. I am a minister of reconciliation, proclaiming the good news of the Gospel.

I take the shield of faith, wherewith I am able to quench all the fiery darts of the wicked; the helmet of salvation (holding the thoughts, feelings, and purpose of God's heart); and the sword of the Spirit, which is the Word of God. In the face of all trials, tests, temptations, and tribulation, I cut to pieces the snare of the enemy by speaking the Word of God. Greater is He that is in me than he that is in the world.

Thank You, Father, for the armor. I will pray at all times — on every occasion, in every season — in the Spirit, with all [manner of] prayer and entreaty. To that end I will keep alert and watch with strong purpose and perseverance, interceding in behalf of all the saints. My power and ability and sufficiency are from God Who has qualified me as a minister and a dispenser of a new covenant [of salvation through Christ]. Amen.

Scripture References

Ephesians 6:11-14; Psalm 34:14; John 17:17; 2 Corinthians 5:18; 2 Corinthians 10:4; Ephesians 6:16,17 AMP; Ephesians 6:14,15 AMP; 1 John 4:4 Ephesians 2:14; 2 Corinthians 3:5,6 AMP

Wednesday

To Walk in God's Wisdom and His Perfect Will

Lord and God, You are worthy to receive glory and honor and power, for You created all things, and by Your will they were created and have their being. You adopted me as Your child through Jesus Christ, in accordance with Your pleasure and will. I pray that I may be active in sharing my faith, so that I will have a full understanding of every good thing I have in Christ.

Father, I ask You to give me a complete understanding of what You want to do in my life, and I ask You to make me wise with spiritual wisdom. Then the way I live will always honor and please You, and I will continually do good, kind things for others. All the while, I will learn to know You better and better.

I roll my works upon You, Lord, and You make my thoughts agreeable to Your will, so my plans are established and succeed. You direct my steps and make them sure. I understand and firmly grasp what the will of the Lord is for I am not vague, thoughtless, or foolish. I stand firm and mature in spiritual growth, convinced and fully assured in everything willed by God.

Father, You have destined and appointed me to come progressively to know Your will — that is to perceive, to recognize more strongly and clearly, and to become better and more intimately acquainted with Your will. I thank You, Father, for the Holy Spirit Who abides permanently in me and Who guides me into all the truth — the whole, full truth — and speaks whatever He hears from the Father and announces and declares to me the things that are to come. I have the mind of Christ and hold the thoughts, feelings, and purposes of His heart.

So, Father, I have entered into that blessed rest by adhering to, trusting in, and relying on You, in the name of Jesus. Hallelujah! Amen.

Scripture References

Revelation 4:11 NIV; Colossians 4:12 AMP; Ephesians 1:5 NIV; Acts 22:14; Colossians 1:9,10 NLT; 1 Corinthians 2:16 AMP; Proverbs 16:3,9 AMP; Hebrews 4:10; Ephesians 5:16 AMP

Thursday

To Walk in the Word

Father, in the name of Jesus, I commit myself to walk in the Word. Your Word living in me produces Your life in this world. I recognize that Your Word is integrity itself — steadfast, sure, eternal — and I trust my life to its provisions.

You have sent Your Word forth into my heart. I let it dwell in me richly in all wisdom. I meditate in it day and night so that I may diligently act on it. The Incorruptible Seed, the Living Word, the Word of Truth, is abiding in my spirit. That Seed is growing mightily in me now, producing Your nature, Your life. It is my counsel, my shield, my buckler, my powerful weapon in battle. The Word is a lamp to my feet and a light to my path. It makes my way plain before me. I do not stumble, for my steps are ordered in the Word.

The Holy Spirit leads and guides me into all the truth. He gives me understanding, discernment, and comprehension so that I am preserved from the snares of the evil one.

I delight myself in You and Your Word. Because of that, You put Your desires within my heart. I commit my “way unto You, and You bring it to pass. I am confident that You are at work in me now both to will and to do all Your good pleasure.

I exalt Your Word, hold it in high esteem, and give it first place. I make my schedule around Your Word. I make the Word the final authority to settle all questions that confront me. I choose to agree with the Word of God, and I choose to disagree with any thoughts, conditions, or circumstances contrary to Your Word. I boldly and confidently say that my heart is fixed and established on the solid foundation — the living Word of God! Amen.

Scripture References

Hebrews 4:12; 1 Peter 3:12; Colossians 3:16; Colossians 4:2; Joshua 1:8; Ephesians 6:10; 1 Peter 1:23; Luke 18:1; Psalm 91:4; James 5:16; Psalm 119:105; Psalm 37:4,5; Psalm 37:23; Philippians 2:13; Colossians 1:9; 2 Corinthians 10:5; John 16:13; Psalm 112:7,8

Friday

Submitting All to God

Father, You are the Supreme Authority — a God of order. You have instituted other authority structures that will support healthy relationships and maintain harmony. It is my decision to surrender my will to You, that I might find protection and dwell in the secret place of the Most High.

Father, thank You for pastors and leaders of the church — those who are submitted to You and are examples to the congregation. I submit to the church elders (the ministers and spiritual guides of the church) — [giving them due respect and yielding to their counsel].

Lord, You know just how rebellious I have been. I ask Your forgiveness for manipulating circumstances and people — for trying to manipulate You to get my own way. May Your will be done in my life, even as it is in heaven. “Father, when I feel that my life is spiraling out of control, I bind my mind to the mind of Christ,

and my emotions to the control of the Holy Spirit. I loose my mind from obsessive thought patterns that try to confuse me.

Obedience is far better than sacrifice. Father, You are much more interested in my listening to You than in my offerings of material things to You. Rebellion is as bad as the sin of witchcraft, and stubbornness is as bad as worshiping idols. Forgive me for practicing witchcraft and worshiping idols.

Father, You deserve honesty from the heart; yes, utter sincerity and truthfulness. Oh, give me this wisdom. Sprinkle me with the cleansing blood, and I shall be clean again. Wash me, and I shall be whiter than snow. You have rescued me from the dominion of darkness and brought me into the Kingdom of the Son You love, in Whom I have redemption, the forgiveness of sins.

Lord, I want to follow You. I am putting aside my own desires and conveniences. I yield my desires that are not in Your plan for me. Even in the midst of my fear, I surrender and entrust my future to You. I choose to take up my cross and follow You [cleave steadfastly to You, conforming wholly to Your example in living and, if need be, in dying also]. I desire to “lose my [lower life] on Your account that I might find it [the higher life].

Father, You gave Jesus to be my Example. He has returned to You, Father, and has sent the Holy Spirit to be my Helper and Guide. In this world there are temptations, trials, and tribulations; but Jesus has overcome the world, and I am of good cheer.

Jesus is my Lord. I choose to become His servant. He calls me His friend.

Lord, help me to walk through the process of surrendering my all to You. I exchange rebellion and stubbornness for a willing and obedient heart. When I refuse to listen, anoint my ears to hear; when I am blinded by my own desires, open my eyes to see.

I belong to Jesus Christ, the Anointed One, Who breaks down and destroys every yoke of bondage. In His name and in obedience to Your will, Father, I submit to the control and direction of the Holy Spirit Whom You have sent to live in me. I am Your child. All to You I surrender. I am an overcomer by the blood of the Lamb and by the word of my testimony!

In Jesus name, I pray, amen.

Scripture References

1 Corinthians 14:33; Psalm 51:6,7 TLB; 1 Timothy 2:2; Colossians 1:13,14 NIV; Psalm 91:1; Matthew 10:38,39 AMP; 1 Peter 5:5 AMP; John 16:33; Matthew 6:10; John 15:15; James 4:7; Revelation 12:11; 1 Samuel 15:22,23 TLB

Saturday

Renewing the Mind

Father, in Jesus' name, I thank You that I shall prosper and be in health, even as my soul prospers. I have the mind of Christ, the Messiah, and do hold the thoughts (feelings and purposes) of His heart. I trust in You, Lord, with all of my heart; I lean not unto my own understanding, but in all of my ways I acknowledge You, and You shall direct my paths.

Today I submit myself to Your Word, which exposes and sifts and analyzes and judges the very thoughts and purposes of my heart. (For the weapons of my warfare are not carnal, but mighty through You to the pulling down of strongholds —intimidation, fears, doubts, unbelief, and failure.) I refute arguments and theories and reasonings and every proud and lofty thing that sets itself up against the (true) knowledge of God; and I lead every thought and purpose away captive into the obedience of Christ, the Messiah, the Anointed One.

Today I shall be transformed by the renewing of my mind, that I may prove what is that good and acceptable and perfect will of God. Your Word, Lord, shall not depart out of my mouth; but I shall meditate on it day and night, that I may observe to do according to all that is written therein: for then I shall make my way prosperous, then I shall have good success.

My thoughts are the thoughts of the diligent, which tend only to plenteousness. Therefore, I am not anxious about anything, but in everything by prayer and *petition, with thanksgiving, I present my requests to God. And the peace of God, which transcends all understanding, will guard my heart and my mind in Christ Jesus.

Today I fix my mind on whatever is true, whatever is worthy of reverence and is honorable and seemly, whatever is just, whatever is pure, whatever is lovely and lovable, whatever is kind and winsome and gracious. If there is any virtue and excellence, if there is anything worthy of praise, I will think on and weigh and take account of these things. Today I roll my works upon You, Lord — I commit and

trust them wholly to You; [You will cause my thoughts to become agreeable to Your will, and] so shall my plans be established and succeed.

In Jesus' name I pray, amen.

Scripture References

3 John 2; Romans 12:2; 1 Corinthians 2:16 AMP; Joshua 1:8; Proverbs 3:5,6; Proverbs 21:5; Hebrews 4:12 AMP; Philippians 4:6-8 NIV; 2 Corinthians 10:4; Proverbs 16:3 AMP; 2 Corinthians 10:5 AMP

*I encourage you to keep a prayer journal, writing down your petitions (definite requests) in prayer form.”

Excerpts From
Prayers That Avail Much
Germaine Copeland