



2021 LENT OBSERVANCE GUIDE

*Lent is an annual season of fasting and penitence in preparation for Easter. During these 40 days beginning **Ash Wednesday, February 17th- Easter Sunday, April 4th** many Christians do not eat certain foods or do certain pleasurable activities as a way of remembering the suffering and sacrifice of Jesus Christ.*

SPIRITUAL DISCIPLINES

During this season of Lent we want each of you to develop the following spiritual disciplines: **Praying, Studying, Serving, Sacrificing/Fasting, Saving, and Giving.**

PRAYING

- Pray for your personal relationship with God
- Pray and ask God to show you how to influence your family, your church, your community, your world and beyond.
- Pray for your family and friends
- Pray for your church family
- Pray for the Community of Hope Vision

STUDYING

- Read 1 chapter per day from **Exodus**. Discover God's presence in your life, in your home, and in the body of assembled believers.
- For maximum spiritual benefit, set aside ample time to be alone with the Lord. Listen for His leading.
- The more time you spend with Him, the more meaningful your

experience will be. Invite God to use you.

SERVING

- Each of us have been gifted for ministry in and through the church.
- During lent we invite you to perform at least 4 acts of kindness as you serve the needs of others.
- Invite God to use you.

SACRIFICING/FASTING

- The discipline of fasting is for the purpose of self-examination, purification and focusing on God. It is also an act of self-denial, giving up those things that are important to us, so that we might yield/ consecrate ourselves to God.
- Sacrifice sweets and some pleasurable activities during this season.

SAVING

- The portion of disposable income not spent on consumption of consumer goods but accumulated or invested.
- Avoid unnecessary waste or expense.
- Set aside an amount of money daily during lent.

GIVING

- Giving, specifically tithing, is a spiritual discipline in that it indicates where you are in your relationship with God as well as the level of faith you have in God to provide for your every need.
- When God is the love of your life, giving Him a tenth of your income is the least you can do.
- We invite you to use the lent season as a time of prayer and meditation on giving God a tenth of your income.
- Through your prayer time, ask God to move on your heart to assist you in being obedient to His Word and trusting in His return. *Lent is a wonderful time to begin tithing.*