



Seeds of Resilience

Growing through Grief

Join our holistic support group on our journey to address grief through the healing power of gardening.

This five-week program involves self-expression through gardening and writing. The group is open to all adults who have experienced grief, no matter where they are on their healing journey, and offers an opportunity to connect and grow with others.

Tuesdays at 12pm, April 12 through May 10

Held at the 10.27 Healing Partnership on the 3rd floor of the Jewish Community Center

Last session will be held at Sunny's Community Garden

[To register, please click here!](#)

Contact: 412-339-5424

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Masks and vaccines required.

